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ANDREA FORD

Licensed Acupuncturist

Naturally
Healing
Through
Chinese
Medicine

Acupuncture
Massage
Nutrition
Weight Loss
Hormonal Balancing

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42 Asheville Highway
Sylva, NC 28779



www.acupunctureinsylva.com

Join Us as

Chinese Healing Arts

Welcomes

Rachel Dolma Balunsat, CHT

The Benefits of Superfoods

How Nutrition Helps to Heal You

Tuesday, February 12, 2018

6:00pm

Are You Sick & Tired of feeling Sick & Tired?

Do You want to feel more like YOU?

Don't Miss this Powerful Presentation and Discussion

Join Us For A Healthy Happy Hour

Learn

How To:

- Lose Weight Without Being Hungry
- Build Lean Muscle
- Reduce Depression
- Lessen Anxiety
- Naturally Address Autoimmune Disorders
- Heal Digestive Disorders
- Detox Detrimental Chemicals From The Body

About The Facilitator:

Rachel Dolma Balunsat is a Certified Alchemical Hypnotherapist, Ayurvedic Medicine Practitioner, Yoga Instructor, and Photographer. Working with Alchemy, Rachel intuitively taps into the life force energies of her clients helping them heal from old patterns. Her specialities include Weight Loss, Nutrition, Healing the body from Cancer and Disease, Inner Child Work and much more. On a personal path to healing and living authentically with passion Rachel began a Holistic search that would lead to her to cure herself of Hashimoto's Disease, a dangerous autoimmune disorder affecting the thyroid and hormones. Listen as she shares her personal story and reveals how you can overcome disease; living a healthier, better balanced life when you tap into the power of nutrient dense superfoods that have the ability to transform your health.

“Don't Just Survive... THRIVE!”